



What Every Camper Should Leave at Home

In order to protect the atmosphere of camp and provide a true camp experience, please leave the following at home:

Alcohol and drugs

Personal sports equipment except as noted above (Operation New Life is not responsible for any personal sports equipment brought to camp)

Animals of any kind

Weapons of any kind

Cell phones

Radios

CD players

iPods

TV's

DVD players

Video games

Trading cards

Expensive cameras

Cash

Food. A balanced selection of foods is provided at each meal. Snacks are provided as part of the camp program.

What Every Camper Should Bring

Wear camp clothes for the day (comfortable clothes that can get dirty)

Change of clothes, including extra shoes, in your backpack

A Bible (optional - we have many!)

A towel for the pool (on Monday's and water day's)

Sunscreen

A modest swimsuit

Sandals are permissible unless your program major specifies otherwise. Sandals need to be sturdy, athletic sandals that strap around the ankle. Flip flops are allowed only at the pool.

Hat or sun visor

Water bottle

Completed Health Forms

Prescribed medications (if any) along with written directions from a doctor for administration.